

The **10** Principles of Person- Centered Thinking & Planning

1. People want to experience their best possible life—to flourish.
2. People want to be in control of their lives—to experience autonomy.
3. Choice is an important expression of personal freedom.
4. Being in community is a vital aspect of a good life.
5. Contributing, producing, sharing one's life is essential to being fulfilled.
6. Exercising rights and responsibilities, being an active citizen brings a sense of belonging and acceptance.
7. Meaningful relationships and social connections are essential.
8. Planning with others starts with deep, genuine listening.
9. Plans that are written down and valued help people achieve their goals.
10. Person-directed plans are only as good as their implementation.